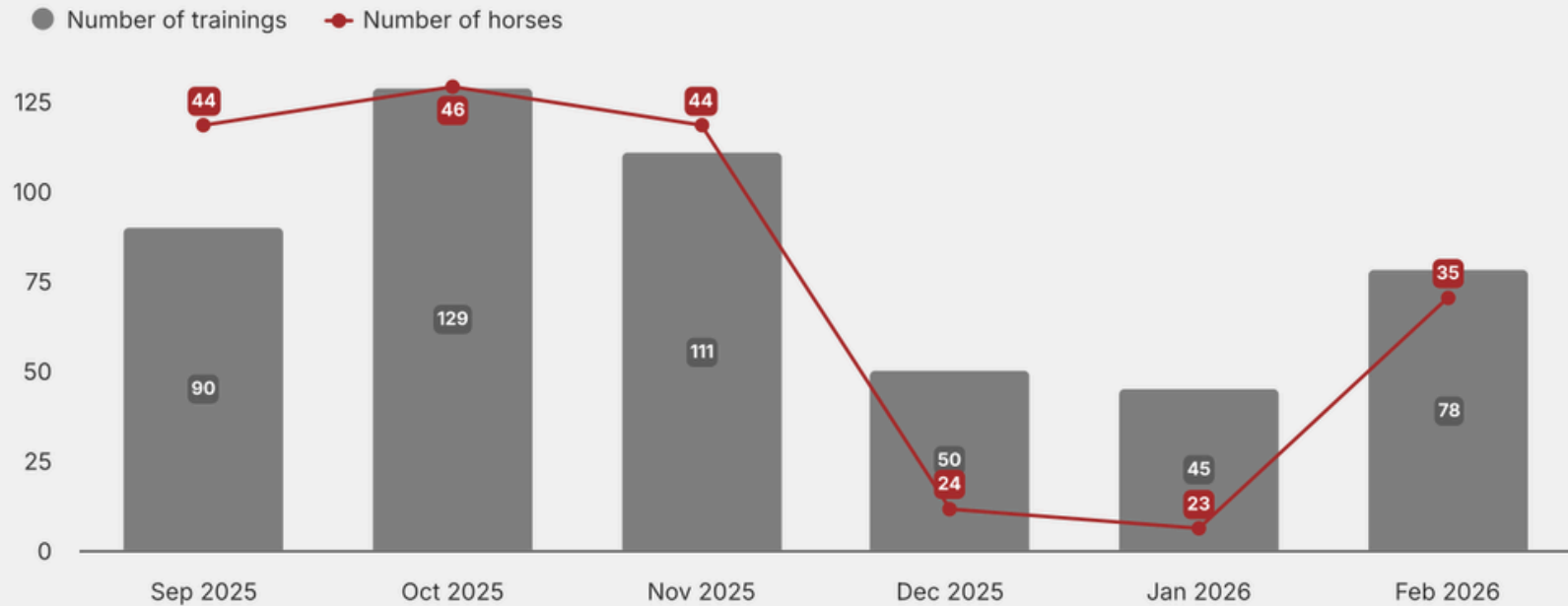


PAUL MURPHY

01/01/2026 - 31/01/2026

General Use Statistics

Number of monitorings and horses in the last 6 months



In the past 6 months...

- 503 Trainings completed using Equimetre
- 79 Distinct horses

** This only shows workouts with the best 600m under 50 seconds*

Best records over the selected period



Time best 200m (s)

00:10.31

ARION

Max stride length (m/str)

7.80 m/str

ARIONEA

HR after 15 min in % of max HR (%)

28.63 %

ARION II

Duration at speed >60 km/h (s)

00:37.00

ARION III

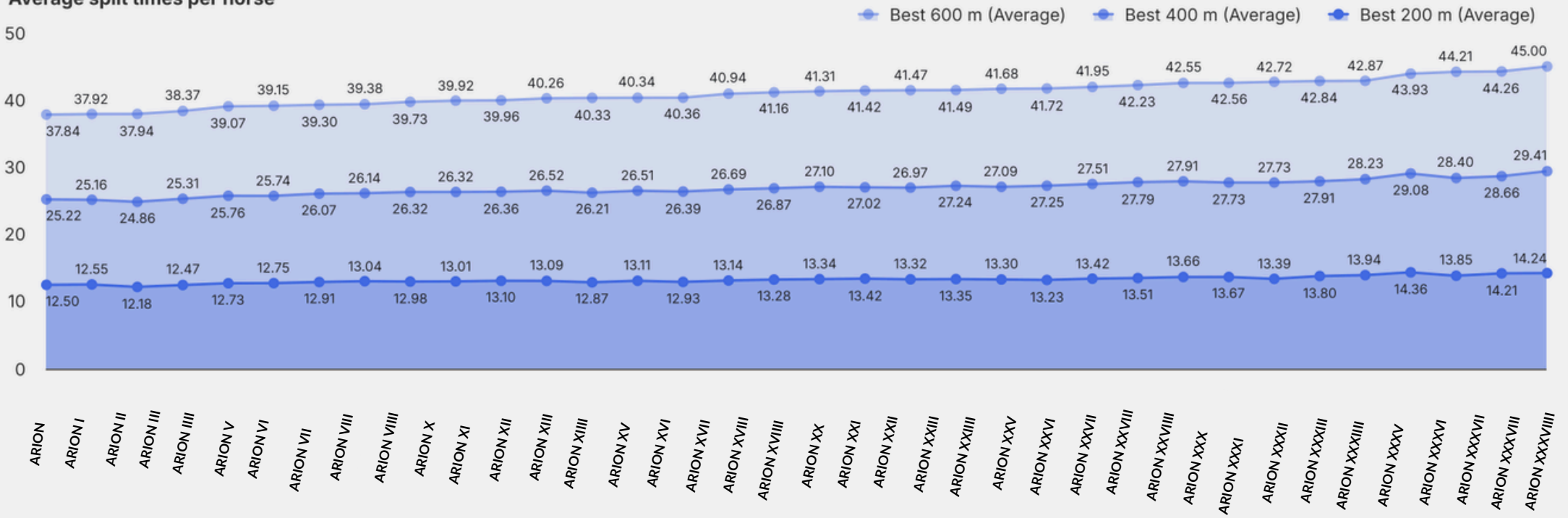
Speed & Average splits

Averages

<p>Time best 1000m 01:11.70 s 🏆 00:57.95 ARION</p>	<p>Time best 600m 00:40.82 s 🏆 00:35.32 ARION</p>	<p>Time best 400m 00:26.77 s 🏆 00:21.61 ARION</p>	<p>Time best 200m 00:13.19 s 🏆 00:10.31 ARION</p>
-----------------------------------------------------------------------	----------------------------------------------------------------------	----------------------------------------------------------------------	----------------------------------------------------------------------

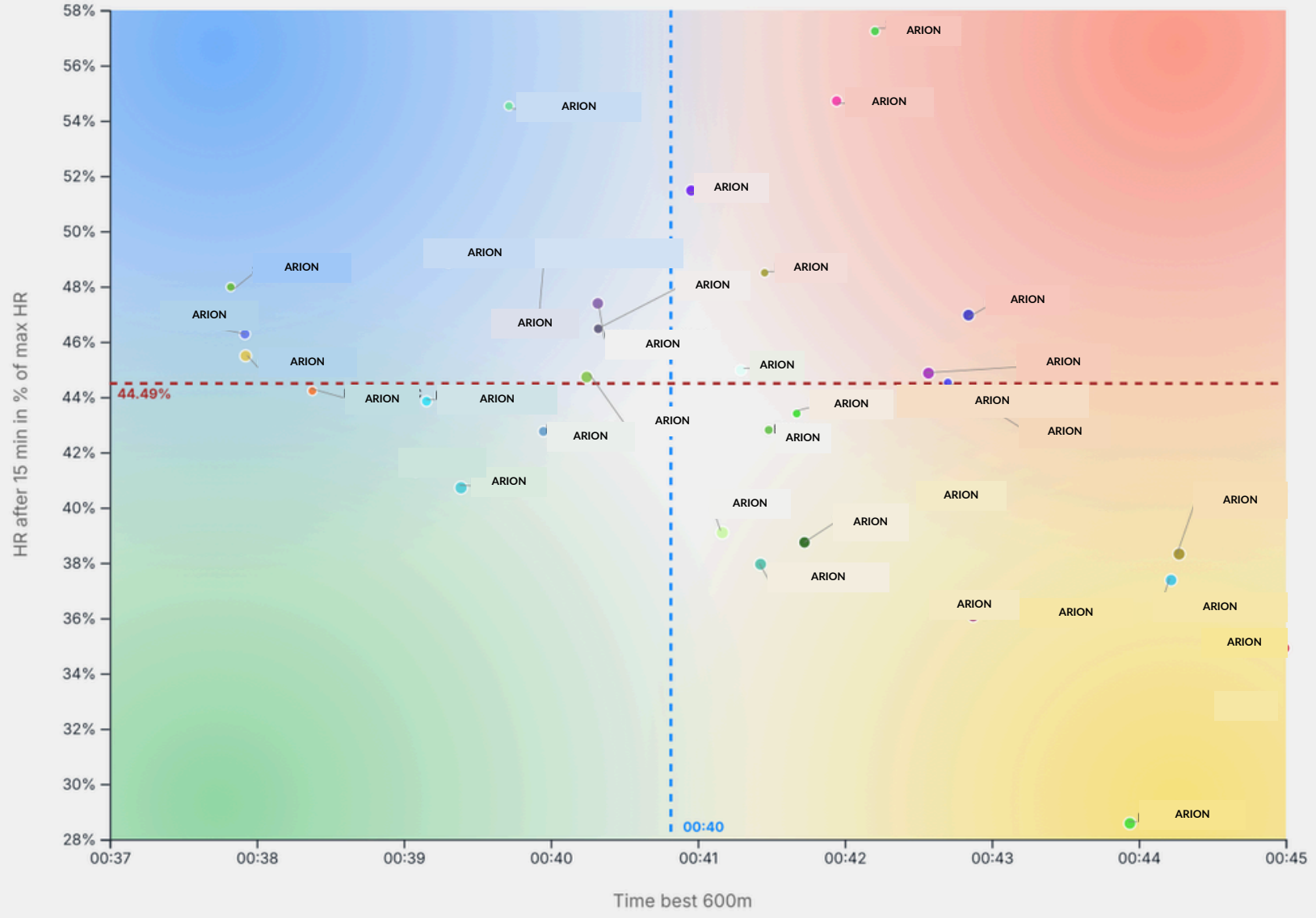
The box above shows the average split times recorded in your stable over the selected period, for all types of training and all tracks, as well as the horse that recorded each of the best times. The graph below shows the average split times of your 40 fastest horses during the selected period. The horses with the average best 600m times are shown on the left of the graph.

Average split times per horse



Fitness Index

The graph below ranks your horses based on their average split time relative to their recovery. The two dotted lines represent the stable average for the selected period: average split time vertically and average recovery horizontally. The colors in the corners indicate the fitness trend based on the average speed achieved, as shown in the inset below.



Based on your database

- Fast recordings, fitness better than average
- Fast recordings, fitness to improve
- Slower recordings, fitness better than average
- Slower recordings, fitness to improve

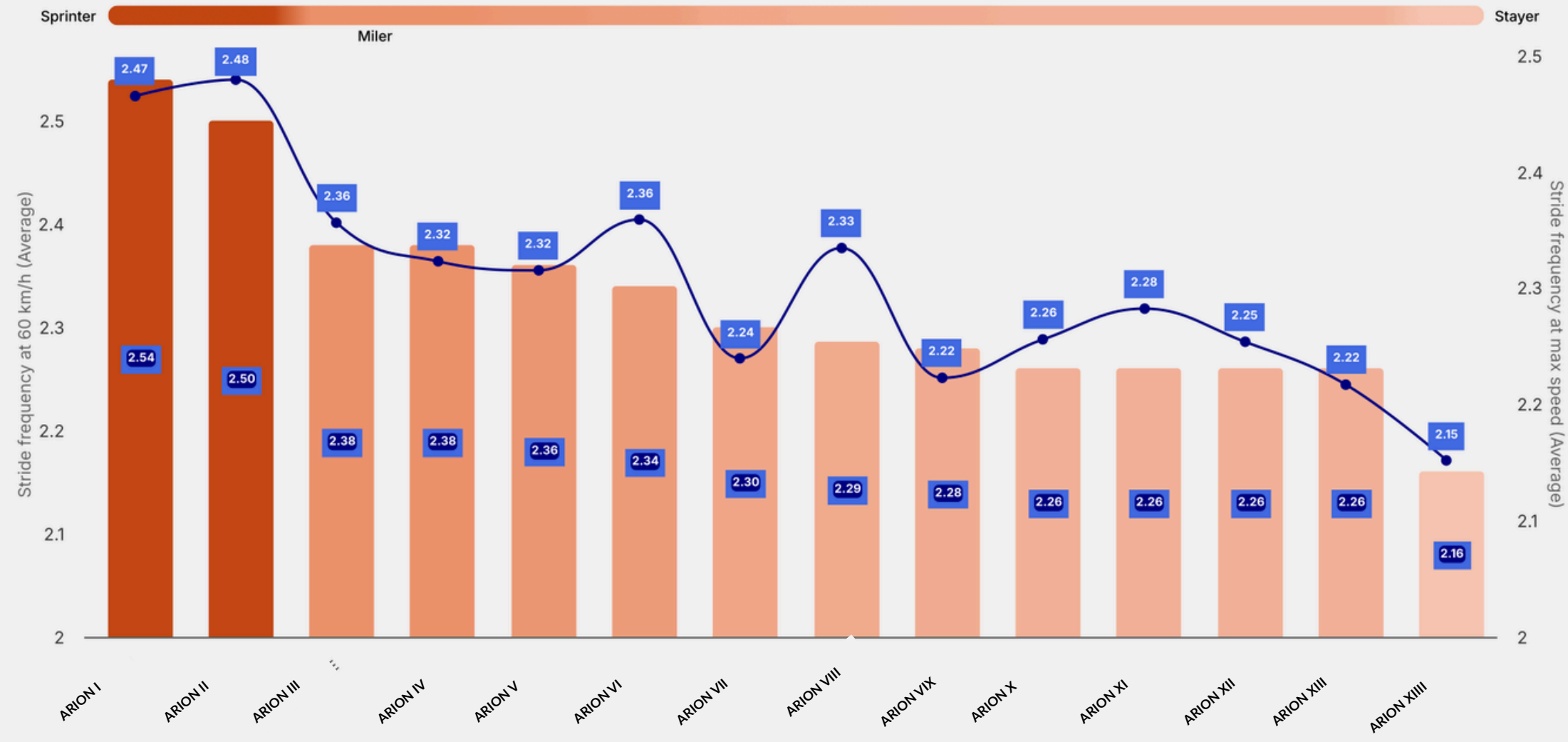
Stride Frequency



This guide theoretically shows shorter distance horses located on the left-hand side of the graph in red, with a higher stride frequency. Milner and intermediate distances profiles should be displayed in blue in the middle of the graph. Staying types with a lower stride frequency in yellow tend to the right of the graph. This is best estimated when looking at gallops on a flat grass track.

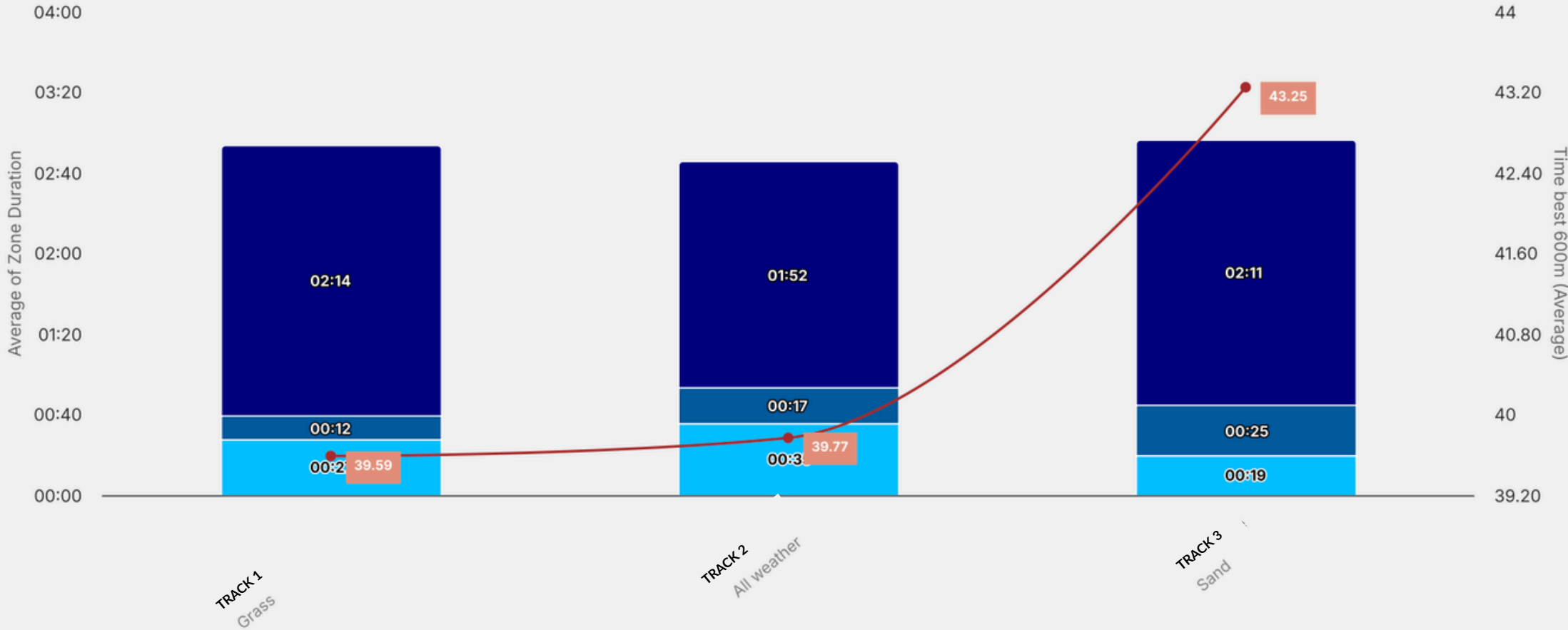
Theoretical Racing Distance Ranking

● Stride frequency at 60 km/h (Average) ● Stride frequency at max speed (Average)



Effort Zones Per Track

● Duration effort zone 5 (Average)
 ● Duration effort zone 4 (Average)
 ● Duration effort zone 3 (Average)
 ● Time best 600m (Average)



TRACK 1

is where horses recorded their fastest 600m on average during the selected period

TRACK 3

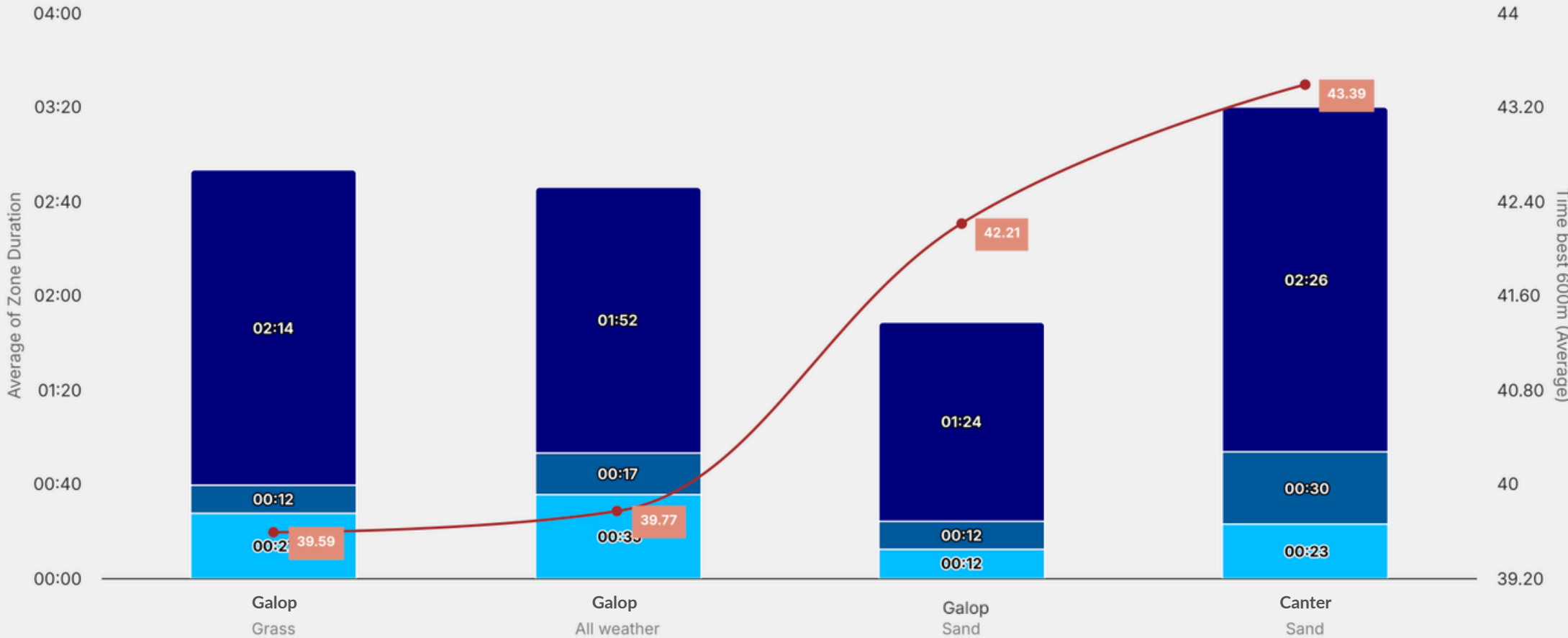
is where horses recorded their slowest 600m on average during the selected period.

TRACK 1

is where horses spent the most time in Zone 5 on average during the selected period.

Effort Zones Per Training Types

● Duration effort zone 5 (Average)
 ● Duration effort zone 4 (Average)
 ● Duration effort zone 3 (Average)
 ● Time best 600m (Average)



<p>Galop - Grass</p> <p>is the type of training that has, on average, recorded the best 600m during the selected period.</p>	<p>Canter - Sand</p> <p>is the type of training that has, on average, recorded the slowest 600m during the selected period.</p>	<p>Canter - Sand</p> <p>is the type of training in which horses spent the most time, on average, in Zone 5 during the selected period.</p>
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Stable Averages

This table displays the average values recorded in your stable over the selected period, by surface and by track. The colors associated with the recovery parameters are based on the statistical distribution of the country in which the recording was made. The best splits are framed in grey.

Track name	Number of trainings	Max Speed (km/h)	Time best 200m (s)	Time best 600m (s)	Time best 800m (s)	Max Heart Rate reached during training (bpm)	Max stride length (m/str)	Max Stride Frequency (strides/s)	Stride length at 60 km/h (m/str)	Stride frequency at 60 km/h (strides/s)	Fast Recovery in % of max HR (%)	HR after 15 min in % of max HR (%)	Heart rate at end (bpm)
GRASS ▾	4	57.8	00:12.64	00:39.59	00:54.70	223	7.10	2.30	7.30	2.28	52.8% - 118 bpm	44.1% - 98 bpm	35.9% - 80 bpm
TRACK 1	4	57.8	00:12.64	00:39.59	00:54.70	223	7.10	2.30	7.30	2.28	52.8% - 118 bpm	44.1% - 98 bpm	35.9% - 80 bpm
SAND ▾	21	53.1	00:13.87	00:43.25	00:59.83	220	6.25	2.39	-	-	51.5% - 114 bpm	41.7% - 92 bpm	31.7% - 72 bpm
TRACK 3	21	53.1	00:13.87	00:43.25	00:59.83	220	6.25	2.39	-	-	51.5% - 114 bpm	41.7% - 92 bpm	31.7% - 72 bpm
ALL WEATHER ▾	43	56.5	00:12.93	00:39.77	00:53.58	218	6.89	2.32	7.10	2.34	58.1% - 128 bpm	46.3% - 102 bpm	35.4% - 78 bpm
TRACK 2	43	56.5	00:12.93	00:39.77	00:53.58	218	6.89	2.32	7.10	2.34	58.1% - 128 bpm	46.3% - 102 bpm	35.4% - 78 bpm
General average	68	55.5	00:13.20	00:40.84	00:55.58	219	6.71	2.34	7.13	2.33	55.8% - 123 bpm	44.7% - 99 bpm	34.3% - 76 bpm